High Sierra Trip Packing Check List

☐ Sleeping bag or sleep sack (Required)
☐ Towels (if showering)
☐ Insect repellent
☐ Lip Balm with SPF
☐ Hat
☐ Sunglasses
☐ Hiking boots (broken in)
☐ Extra socks
☐ Clothing layers (T-shirts/Tank tops, Long-sleeved shirts, undergarments)*
☐ Warm jacket
☐ Pajamas
☐ Toiletries (Toothbrush, toothpaste, eye care, face wipes, etc)
☐ Flashlight or head lamp
☐ Water bottle and/or bladder (2-liter)
☐ Trail food (granola bars, energy gel, trail mix)

Optional items:
☐ Rain jacket or poncho
☐ Giardia-rated water filter or water purification tablets
☐ Trekking poles
☐ Spare batteries or portable charger
☐ Maps
☐ Mosquito head net
☐ Mini first aid kit

Meals only guests:
☐ Camping equipment (tent, ground pad, etc).
☐ Wilderness permit

* The quantity of clothing needed is dependent on the length of your hike. Weather can change rapidly so it is recommended to dress in layers. Technical (wicking/polyester/lightweight) materials are encouraged for guest comfort. Cotton can be heavy and difficult to keep dry.
Camp Store Inventory

Camp stores are available at each High Sierra Camp location from 1:00 to 5:00 pm daily and generally carry the items below, based on availability.

- Hats
- Sunscreen
- Insect repellent
- Lip balm with SPF
- Body wipes
- Travel size toothbrush and toothpaste packs
- Headlamps
- Flash lights
- AA & AAA Batteries
- Water bottles
- Rain ponchos
- Maps
- Travel sized medicines
- Candy bars
- Fuel canisters
- Moleskin
- Bandanas
- Souvenirs (Pins, patches, post cards, magnets)